

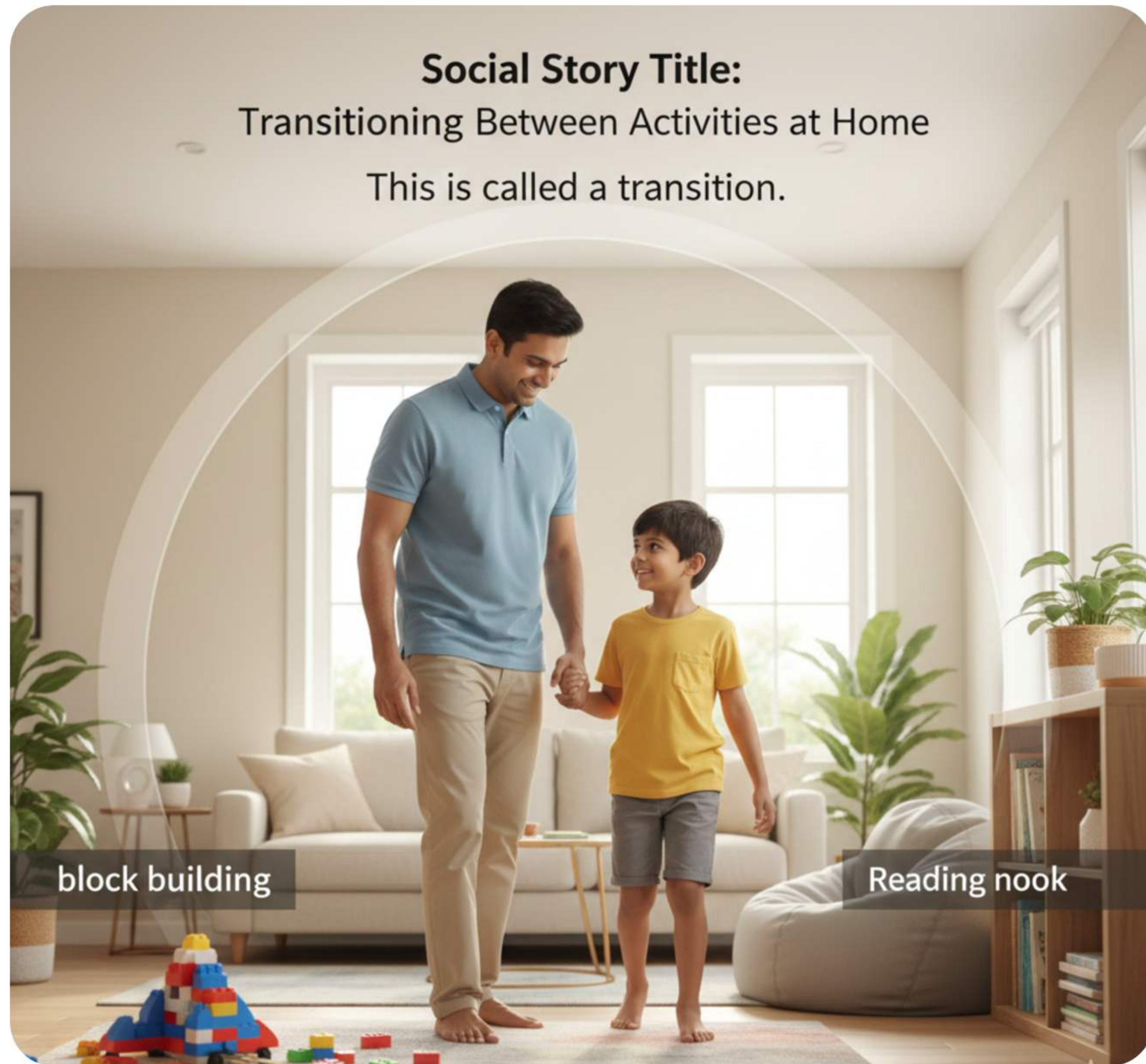


**“At home, I do many different activities during the day.”**



**“Sometimes I need to stop one activity and start another.”**

**Social Story Title:**  
Transitioning Between Activities at Home  
This is called a transition.



**“This is called a transition.”**



**“Transitions can feel easy, or they can feel a little tricky.”**



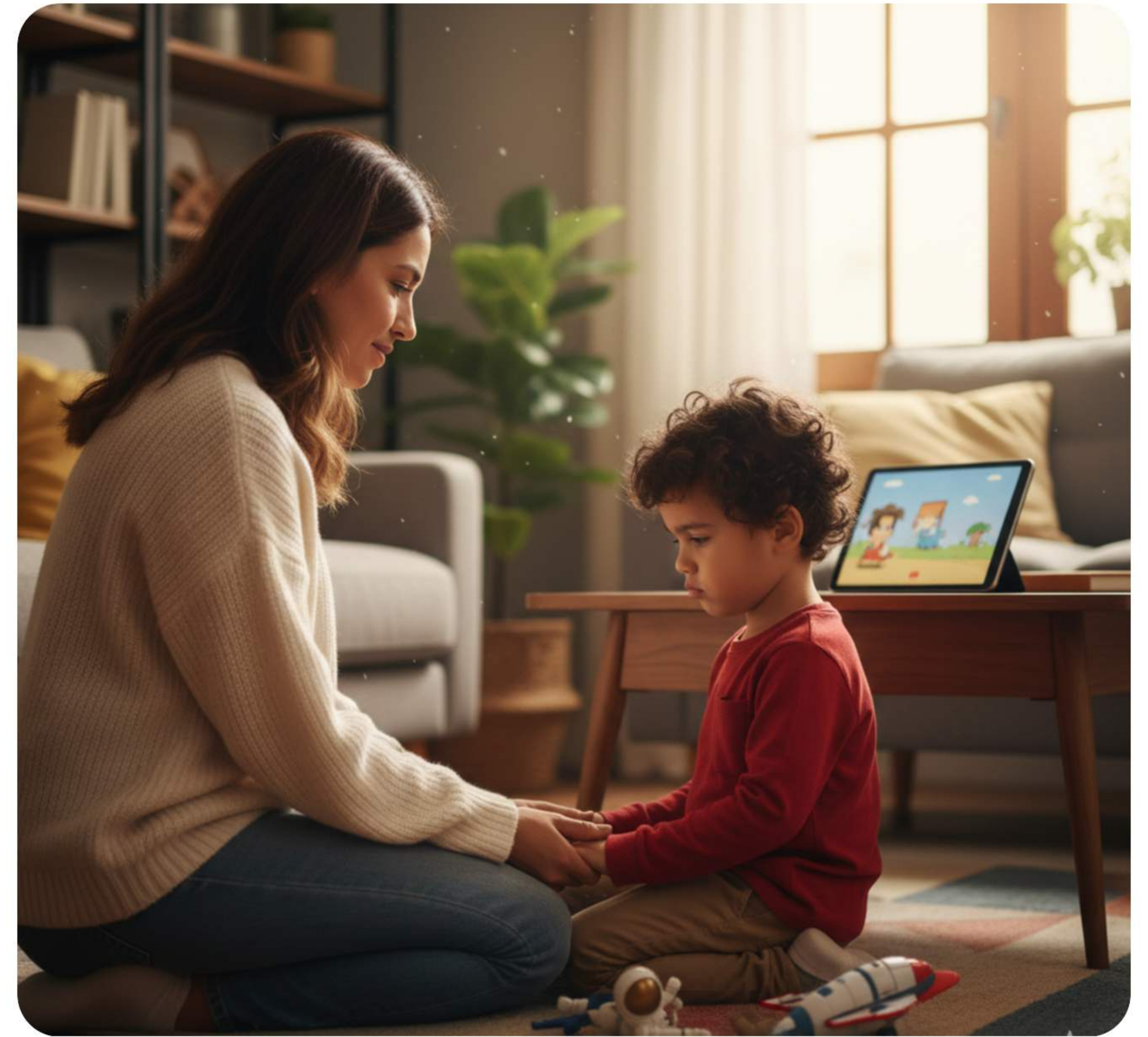
**“When it’s almost time to switch activities, I can get a small reminder.”**



**“A reminder helps me get ready to pause what I’m doing.”**



**“I can finish what I’m doing and prepare to move on.”**



**“Sometimes I feel disappointed when I have to stop.”**



**“It’s okay to feel that way, and I can take a deep breath.”**



**“I can remind myself, ‘It’s time for something new now.’”**



**“I can help by cleaning up or putting things back in their place.”**



**“When I’m ready, I can move to the next activity calmly.”**



**“Transitions help my day run smoothly.”**

*Social Story Title: Transitioning Between Activities at Home  
Each time I switch activities, I get better at it.*



**“Each time I switch activities, I get better at it.”**



**“My family feels proud when I transition calmly.”**



**“I can transition between activities at home with confidence and ease.”**



# Vocabulary

- Transition

A: Moving from one activity to another. (Correct)

B: Staying in the same place all day.

- Reminder

A: A signal that helps me get ready for a change. (Correct)

B: A loud noise that surprises me.

- Prepare

A: To get ready for what comes next. (Correct)

B: To ignore what's happening.

- Calm

A: Feeling relaxed and steady. (Correct)

B: Feeling wild and overwhelmed.

- Routine

A: A pattern of activities I follow during the day. (Correct)

B: A once-in-a-while surprise.



# Spellings

A: Hom

B: Home (Correct)

A: Tyme

B: Time (Correct)

A: Stop (Correct)

B: Stopp

A: Clean (Correct)

B: Cleen

A: Next (Correct)

B: Neext



# Comprehension

- What does a transition mean?

A: Switching from one activity to another. (Correct)

B: Playing the same game all day long.

- Why do reminders help?

A: They help me get ready to pause and switch activities. (Correct)

B: They make transitions more confusing.

- What can I do if I feel disappointed about stopping an activity?

A: Take a deep breath. (Correct)

B: Refuse to move.

- How can I help during a transition?

A: Clean up or put things back. (Correct)

B: Leave everything where it is.

- Why are transitions important?

A: They help my day run smoothly. (Correct)

B: They make everything more difficult.



# Open-Ended Questions

- What activity is hardest for you to stop?

\_\_\_\_\_

- What reminder helps you the most during transitions?

\_\_\_\_\_

- What can I do if I feel disappointed about stopping an activity?

- 

How do you feel when you switch to a new activity?

\_\_\_\_\_

- What helps you stay calm when it's time to clean up?

# Role-Play Activity

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- **Scenario 1**

You are playing and hear a reminder. → Practice finishing your game calmly.

- **Scenario 2**

It's time to clean up. → Practice putting items in the right place.

- **Scenario 3**

You feel upset about stopping. → Practice taking a calm, deep breath.

- **Scenario 4**

You're ready for the next activity. → Practice walking over calmly and saying, "I'm ready!"