



“Every year, school starts again after a break.”



“A new school year means new learning and new adventures.”



“Sometimes I feel excited about starting again.”



“I might also feel nervous or unsure about what will happen.”



“These feelings are normal. Many kids feel the same way.”



“I might have a new classroom, a new teacher, or new classmates.”



“New things can feel different at first, but I can get used to them.”



“I can follow the school routine just like before.”



“My teacher will help me learn and feel comfortable.”



“I can ask questions if I feel confused or need help.”



“I can make new friends and reconnect with old ones.”



“Each day, the new school year will start to feel familiar.”



“I can try my best, even if something feels hard at first.”



“There will be fun things to look forward to—projects, games, and celebrations.”



“My family and teachers believe in me and want me to do well.”



“I can start the new school year with courage, confidence, and a positive attitude.”



Vocabulary

- Nervous

A: Feeling unsure or a little worried. (Correct)

B: Feeling loud and excited.

- Routine

A: The daily steps I follow at school. (Correct)

B: A surprise activity I do once.

- Classmates

A: Kids who learn in the same class as me. (Correct)

B: Adults who work at the school.

- Familiar

A: Something I know well. (Correct)

B: Something completely new every time.

- Confident

A: Feeling sure of myself and my abilities. (Correct)

B: Feeling scared to try anything.



Spellings

A: Skool

B: School (Correct)

A: Yeer

B: Year (Correct)

A: Learn (Correct)

B: Lurn

A: Friend (Correct)

B: Freind

A: Techer

B: Teacher (Correct)



Comprehension

- Why might I feel nervous about the new school year?
A: Because new things can feel different. (Correct)
B: Because school never changes.

- Who helps me feel comfortable at school?
A: My teacher. (Correct)
B: My neighbor.

- What can I do if I feel confused?
A: Raise my hand and ask a question. (Correct)
B: Stay silent and guess.

- What happens after a few days in the new school year?
A: It starts to feel familiar. (Correct)
B: It becomes more confusing.

- What should I do when something feels hard at first?
A: Try my best and keep practicing. (Correct)
B: Stop trying right away.



Open-Ended Questions

- How do you feel about starting a new school year?

- What part of school are you most excited about?

- What helps you feel calm on the first day?

- What do you want to learn or try this year?

Role-Play Activity

- **Scenario 1**

It's the first day of school and you feel unsure. → Practice breathing calmly and saying, "I can do this."

- **Scenario 2**

You meet your new teacher. → Practice smiling and saying, "Hello!"

- **Scenario 3**

Another child invites you to play. → Practice joining them or saying, "Can I play too?"

- **Scenario 4**

You feel confused about an assignment. → Practice raising your hand and asking for help.