



One day at recess, I accidentally knocked over my friend's block tower while running past. My friend looked upset



I felt bad because I didn't mean to knock it over, but I didn't know what to do



My teacher explained that when we make a mistake, saying sorry is a kind way to show we care about how someone feels



To say sorry, I can look at the person, use a calm voice, and say, 'I'm sorry for...' and explain what I'm sorry about



**After saying sorry, I can ask,
'Can I help you fix it?' or, 'What
can I do to make it better?'**



**When I try to make things right,
it shows I care about the other
person's feelings**



Sometimes, saying sorry might not fix everything, but it helps the other person feel better



If someone says sorry to me, I can say, 'It's okay,' or, 'Thank you for saying sorry,' to show I understand



If I hurt someone's feelings with my words, I can say, 'I'm sorry for saying that. I didn't mean to hurt you'



If I borrow something and it breaks, I can say, 'I'm sorry,' and offer to help fix or replace it



It's important to say sorry right away so the person knows I care about how they feel



Making amends isn't just about saying sorry; it's about trying to fix what went wrong



When I say sorry and make amends, it helps me and my friends feel better and move on



I can practice saying sorry at home, at school, or with friends whenever I make a mistake



Saying sorry shows that I care about others and want to make things right



Now I know that saying sorry and making amends helps everyone feel happy and cared for



Vocabulary

- Sorry

A: A word to show you regret something and care about how someone feels

B: A word to say when you don't want to talk to someone

- Amends

A: Ignoring the problem

B: Fixing or making something better after a mistake

- Regret

A: Feeling bad about something you did

B: Feeling happy about everything

- Feelings

A: Emotions like happy, sad, or upset

B: A type of game

- Understand

A: Not caring about what someone says

B: Knowing how someone feels



Spellings

A: Recess

B: Ricess

A: Upsat

B: Upset

A: Mistake

B: Mistak

A: Sory

B: Sorry

A: Kare

B: Care

A: Voice

B: Voyice

A: Beter

B: Better

A: Regrat

B: Regret



Comprehension

- What does saying sorry show?
A: That you care about someone's feelings
B: That you don't care what happened

- What can you say if you accidentally hurt someone's feelings?
A: "I'm sorry. I didn't mean to hurt you"
B: "It's not my fault"

- What does making amends mean?
A: Ignoring the mistake
B: Fixing what went wrong

- What can you say if someone says sorry to you?
A: "It's okay"
B: "I'm still mad at you"

- Why is it important to say sorry right away?
A: So you don't have to think about it later
B: So the person knows you care about their feelings



Open-Ended Questions

- How do you feel when someone says sorry to you?

- What can you do to make amends if you break something by accident?

- Why is it important to say sorry when you hurt someone's feelings?

- Can you think of a time when you made amends? What did you do?



Creative Activity

- **Sorry Poster**

Create a poster with steps for saying sorry and making amends, such as "Look at the person," "Say what you're sorry for," and "Ask how you can help"

- **Role-Play Cards**

Write scenarios on cards (e.g., "You knocked over someone's blocks" or "You forgot to share a toy"). The child picks a card and practices apologizing and making amends



Role-Play Activity

- **Scenario 1**

Pretend the child bumps into a friend by accident. Practice saying, "I'm sorry. Are you okay?"

- **Scenario 2**

Act out a situation where the child breaks a pencil. Practice saying, "I'm sorry. Can I get you a new one?"

- **Scenario 3**

Pretend the child forgot to wait their turn. Practice saying, "I'm sorry for not waiting. How can I make it better?"