



**“There is only one me in the whole world.”**



**“I have my own thoughts, feelings, and ways of doing things.”**



**“My body, my voice, and my personality make me special.”**



**“I don’t need to look like anyone else.”**



**“I don’t need to act like anyone else.”**



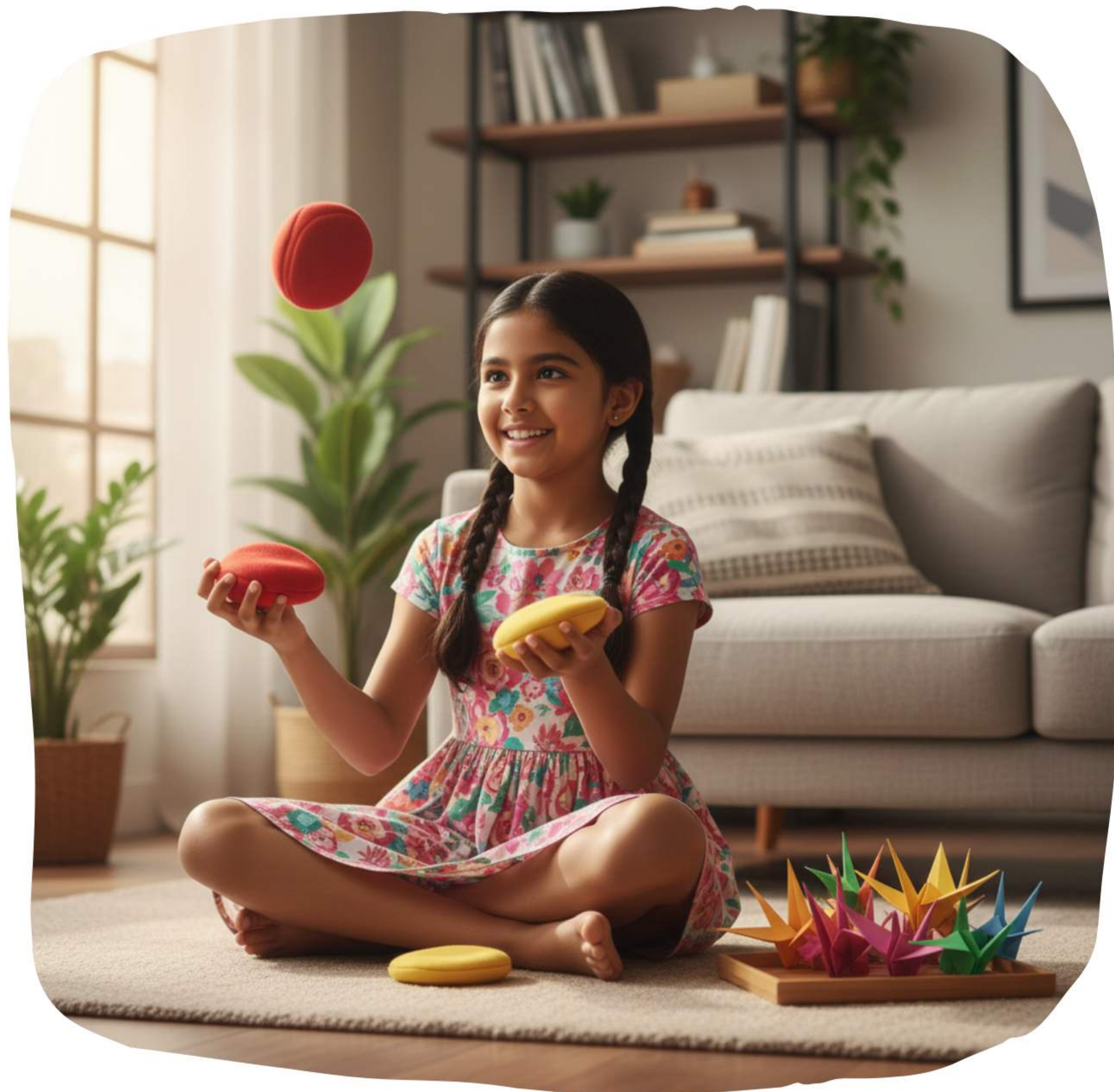
**“I can like the things that feel right for me.”**



**“I can have my own strengths, even if they are different from others’ strengths.”**



**“I can learn things at my own pace.”**



**“I might be good at some things and still learning others.”**



**“That’s okay, because everyone learns in their own way.”**



**“I don’t need to be perfect to be special.”**



**“People who love me accept me just the way I am.”**



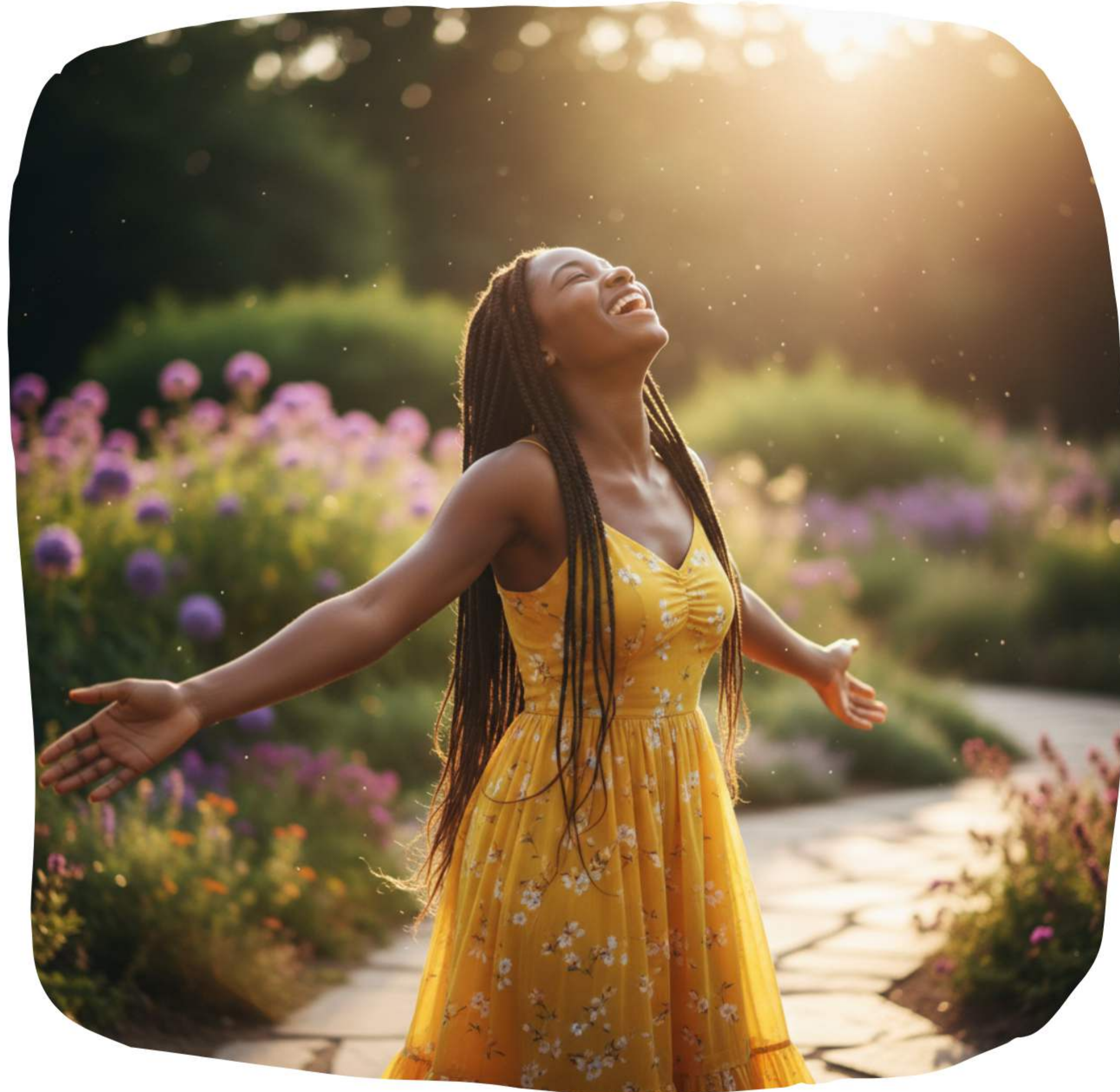
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**“I can accept myself too, even on tough days.”**



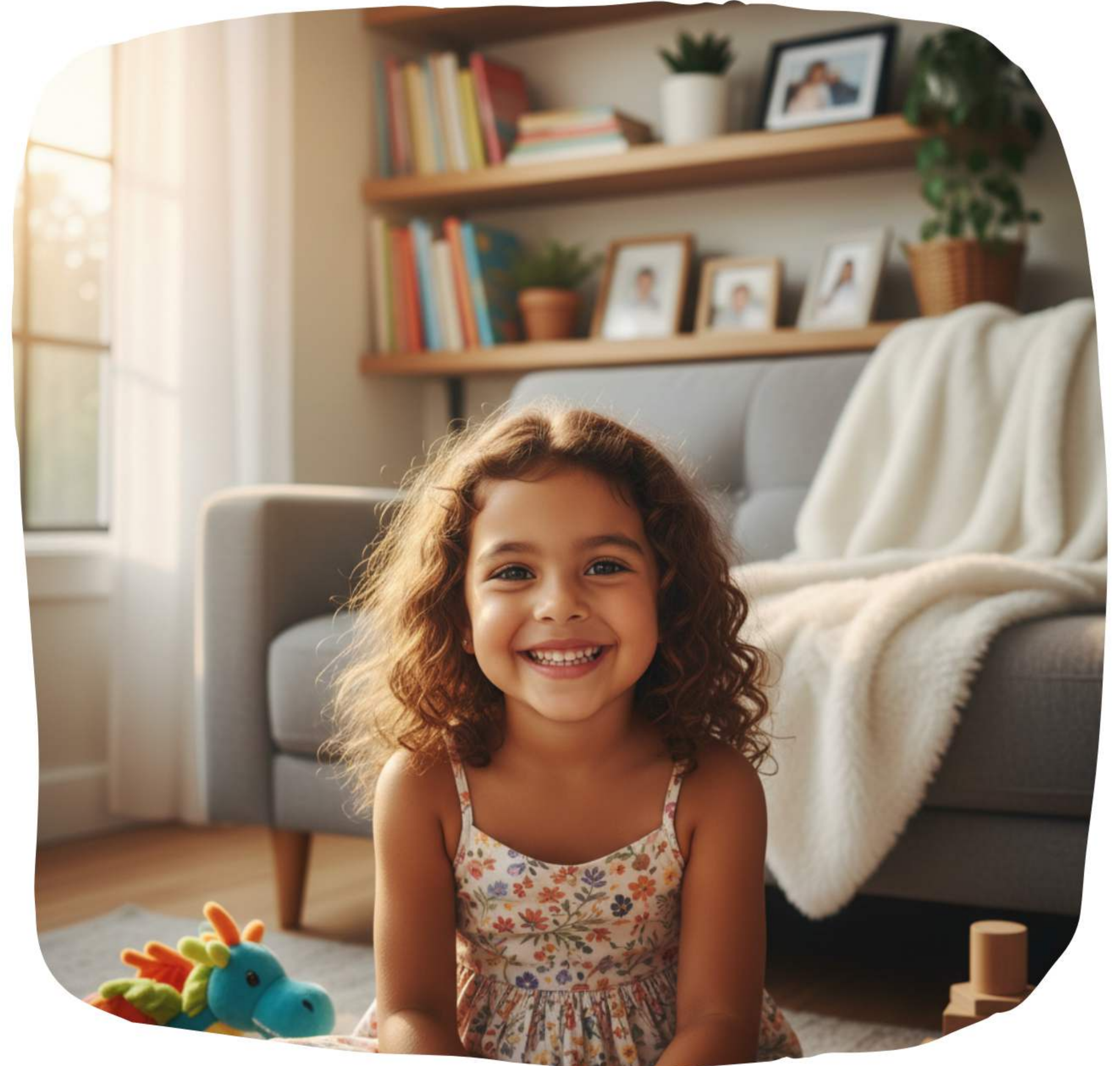
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**“When I believe in myself, I feel strong and confident.”**



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**“Being myself is the best thing I can be.”**



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**“I am special just the way I am, and that will always be true.”**



# Vocabulary

- **Special**

A: Important and unique. (Correct)

B: Exactly the same as everyone.

- **Personality**

A: The way I think, feel, and act. (Correct)

B: The clothes I wear only.

- **Strengths**

A: Things I am good at. (Correct)

B: Things I avoid.

- **Accept**

A: To like and value someone just as they are. (Correct)

B: To ask someone to change.

- **Confident**

A: Feeling strong and sure of myself. (Correct)

B: Feeling scared to try anything.



# Spellings

A: Speshal

B: Special (Correct)

A: Uneek

B: Unique (Correct)

A: Voise

B: Voice (Correct)

A: Strong (Correct)

B: Stron

A: Learn (Correct)

B: Lurn



# Comprehension

- Why am I special?  
A: Because there is only one me in the whole world. (Correct)  
B: Because I look like everyone else.
- Do I need to be perfect to be special?  
A: No, I don't need to be perfect. (Correct)  
B: Yes, I must be perfect.
- How do people who love me feel about me?  
A: They accept me just the way I am. (Correct)  
B: They want me to be someone else.
- Why can I learn at my own pace?  
A: Everyone learns differently. (Correct)  
B: I must learn as fast as others.
- What happens when I believe in myself?  
A: I feel strong and confident. (Correct)  
B: I become exactly like others.



# Open-Ended Questions

- What makes you feel special?  
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- What are some things you like about yourself?  
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- What strengths do you have that make you unique?  
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- How does it feel when someone accepts you as you are?  
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# Role-Play Activity

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- **Scenario 1**

Someone compliments you.

→ Practice saying, “Thank you, that makes me happy.”

- **Scenario 2**

You make a mistake.

→ Practice telling yourself, “I’m still special.”

- **Scenario 3**

A friend likes something different from you.

→ Practice accepting both interests.

- **Scenario 4**

You try something new.

→ Practice celebrating your effort: “I’m proud of me!”