



One day, I was at the park with my family. I saw a big field and felt like running as fast as I could



But my mom called out, ‘Stay close to us!’ I stopped and felt confused. I just wanted to run



Sometimes, I feel like running away when I'm excited, upset, or curious about something far away



But running away can be unsafe because I might get lost or be too far for my family to help me



It's important to stay where I can see my family and they can see me



When I feel like running, I can stop, take a deep breath, and remind myself to stay close



If I want to run, I can ask first, like saying, ‘Can I run to that tree and back?’



Sometimes, I can run in safe places, like on the playground, in the backyard, or during sports



If I feel upset and want to run away, I can tell an adult how I feel instead



If I need to calm down, I can walk slowly to a safe spot where an adult can still see me



When I stay close, I feel safe because I know my family or teacher is nearby to help me



If I accidentally run too far, I can stop and go back to where I was



My family feels happy and proud when I stay close and listen to their rules



I've learned that running away isn't safe, but I can find safe ways to run and have fun



**Now, when I feel like running,
I stop and think about what to
do before I take a step**



**Making safe choices helps me
feel proud and keeps me safe
and happy**



Vocabulary

- Run Away

A: Moving far from where you are supposed to be

B: Staying close to your family or teacher

- Safe

A: A place where you might get lost

B: A place where you can be protected and cared for

- Family

A: People who love and take care of you

B: People you don't know

- Close

A: Moving far away

B: Staying near someone who can help you

- Ask

A: Using words to get permission before doing something

B: Doing something without telling anyone



Spellings

A: Falimy

B: Family

A: Gesture

B: Jesture

A: Important

B: Importent

A: Breath

B: Breth

A: Remynd

B: Remind

A: Playgraound

B: Playground

A: Backyard

B: Bacyard

A: Nearby

B: Neerby



Comprehension

- Why is running away not safe?
A: It's fun to run far away
B: You might get lost or be too far for your family to help you
- What can you do if you feel like running?
A: Run as fast as you can
B: Stop, take a breath, and ask an adult if it's okay to run
- Where is it safe to run?
A: On a playground or in your backyard
B: On a busy street
- What should you do if you accidentally run too far?
A: Stop and go back to where you were
B: Keep running farther away
- How does your family feel when you stay close?
A: Happy and proud
B: Upset and worried



Open-Ended Questions

- What makes you feel like running away sometimes?
- How do you think your family feels when you stay close to them?
- What can you do if you feel excited and want to run?
- Who can you talk to if you feel upset and want to run away?



Creative Activity

- **Draw a Safe Running Spot**

Ask the child to draw a picture of a safe place where they can run, like a playground or a backyard

- **Make a "Stay Close" Poster**

Help the child create a colorful poster with reminders like "Stop," "Ask," and "Stay Close to Family"



Role-Play Activity

- **Scenario 1**

Pretend the child is at the park and sees a butterfly far away. Practice stopping and asking, "Can I go look at the butterfly?"

- **Scenario 2**

Act out a situation where the child feels upset and wants to run. Practice walking to a safe spot instead and talking to an adult

- **Scenario 3**

Pretend the child accidentally runs too far. Practice stopping, turning around, and going back to their family or teacher