



**“Every day is a new chance for me to grow and learn.”**



**“I might not be great at everything yet, and that’s okay.”**



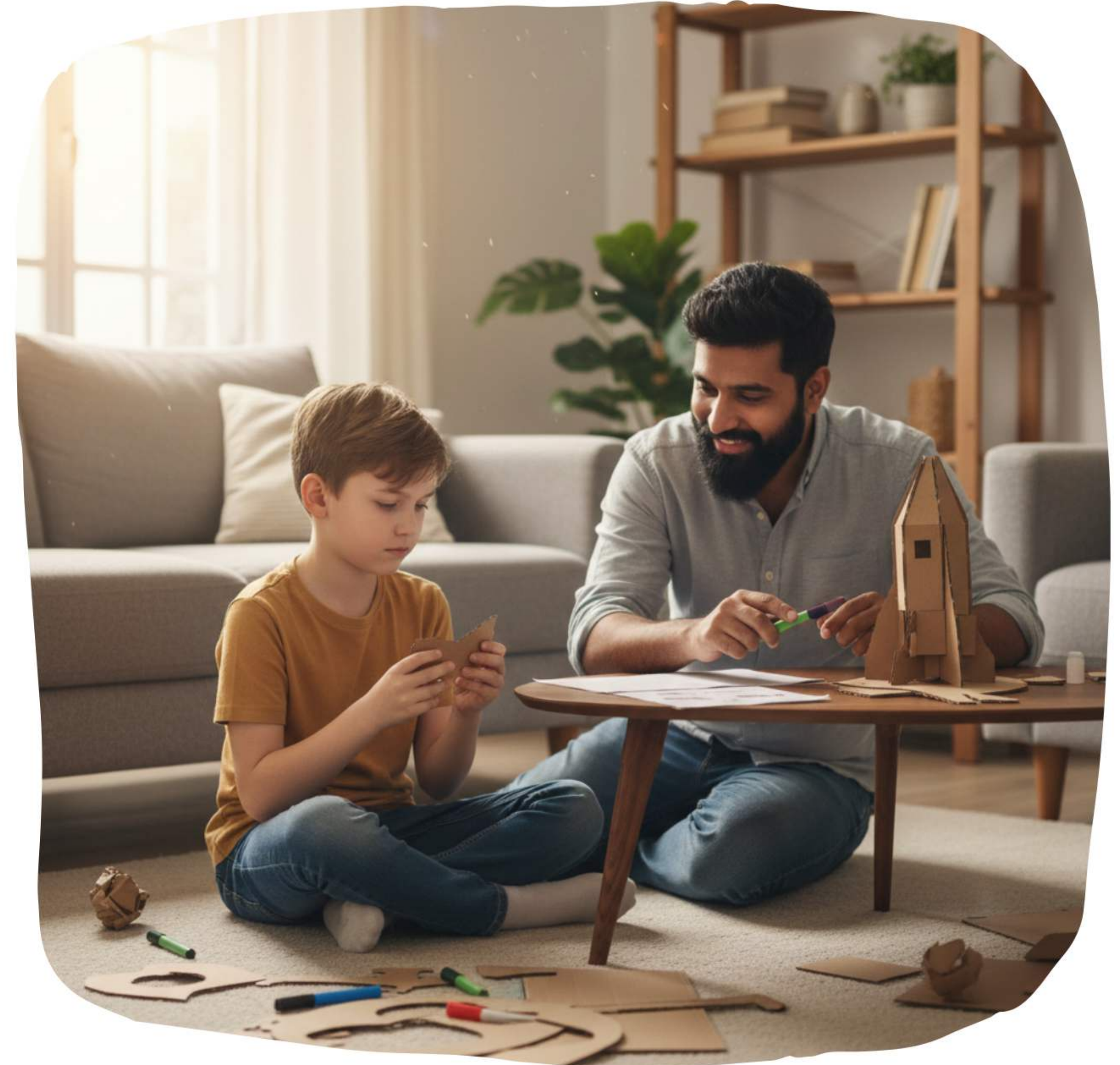
**“When I practice, I get a little better each time.”**



**“Learning takes time, patience, and effort.”**



**“Some days feel easy, and I learn quickly.”**



**“Some days feel harder, and that’s part of learning too.”**



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**“Even when things feel tricky, I can keep trying.”**



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**“Every small improvement is still progress.”**



**“I can ask for help when I need support.”**



**“I can take breaks when I feel tired and try again later.”**



**“When I notice my growth, it makes me feel proud.”**



**“I don’t need to be the best. I just need to keep learning.”**



**“My brain gets stronger each time I try something new.”**



**“My body also learns when I practice using it.”**



**“People around me notice my effort and cheer me on.”**



**“Every day, in my own way, I can get better.”**



# Vocabulary

- Progress

A: Getting better little by little. (Correct)

B: Stopping whenever things feel hard.

- Practice

A: Doing something again and again to learn it.  
(Correct)

B: Doing something only once.

- Effort

A: The hard work I put into something. (Correct)

B: Doing something without trying.

- Improve

A: To get better over time. (Correct)

B: To forget what I learned.

- Patience

A: Staying calm while learning takes time. (Correct)

B: Getting upset if things aren't perfect right away.



# Spellings

A: Better (Correct)

B: Bettor

A: Lurn

B: Learn (Correct)

A: Tyred

B: Tired (Correct)

A: Halp

B: Help (Correct)

A: Brane

B: Brain (Correct)



# Comprehension

- What helps me get better every day?  
A: Practicing and trying again. (Correct)  
B: Giving up when it's hard.

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- What can I do when I feel tired?  
A: Take a break and try later. (Correct)  
B: Keep going even if I'm overwhelmed.

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- What happens when I try something new?  
A: My brain gets stronger. (Correct)  
B: I stop learning.

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- What should I remember on hard days?  
A: Hard days are part of learning too. (Correct)  
B: Hard days mean I'm not good enough.

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- What makes people around me proud?  
A: My effort and courage to keep trying. (Correct)  
B: Being perfect all the time.



# Open-Ended Questions

- What is something you've gotten better at recently?  
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- What helps you stay calm when something is tricky?  
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- Who do you like to ask for help when you need support?  
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- What small improvement made you proud today?

# Role-Play Activity

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- **Scenario 1**

You're learning a new skill. → Practice saying, "I can learn this."

- **Scenario 2**

Something feels hard today. → Practice taking a deep breath and trying again.

- **Scenario 3**

You made a tiny bit of progress. → Practice celebrating that small win.

- **Scenario 4**

You feel tired while practicing. → Practice taking a break and returning later.