



Starting My Day: A Fun Morning Routine



Every morning, I wake up in my cozy bed.



I feel sleepy, but I am excited to start my day.



First, I put on my favorite shirt and pants.



I feel proud when I dress myself.



Next, I wash my face with warm water.



The water feels nice and wakes me up.



Then, I eat a yummy breakfast to give me energy.



I feel ready and happy to begin my day!

Vocabulary

⇒ ■ Vocabulary:

1. Morning

- The early part of the day when you wake up

2. Cozy

- Feeling warm and comfortable

3. Sleepy

- Feeling like you want to sleep more

4. Excited

- Feeling happy and eager to do something

5. Proud

- Feeling good about something you did by yourself

6. Warm

- A nice, gentle heat that feels good

7. Yummy

- Tasting very good and delicious

8. Energy

- The strength you need to play and learn

Spellings

A: Morning

B: Mornning

A: Excited

B: Exciited

A: Favorite

B: Favoryte

A: Proud

B: Proudd

A: Warm

B: Waarm

A: Energy

B: Enargy

A: Breakfast

B: Brekfast

A: Happy

B: Hapy

Comprehension Questions

1. What do I do first when I wake up?

A: Put on my favorite shirt and pants

B: Go back to sleep

2. How do I feel when I dress myself?

A: Proud

B: Sad

3. What does washing my face do?

A: Makes me sleepy

B: Wakes me up

4. Why do I eat breakfast?

A: To get energy for the day

B: To go back to bed

5. How do I feel after my morning routine?

A: Ready and happy

B: Tired and grumpy

Open-Ended Questions

1. How do you feel when you wake up in the morning and start your day?
2. What is your favorite thing to wear in the morning, and why do you like it?
3. How does washing your face with warm water make you feel?
4. What is your favorite breakfast food that gives you lots of energy?
5. How do you know when you're ready to start your day?