



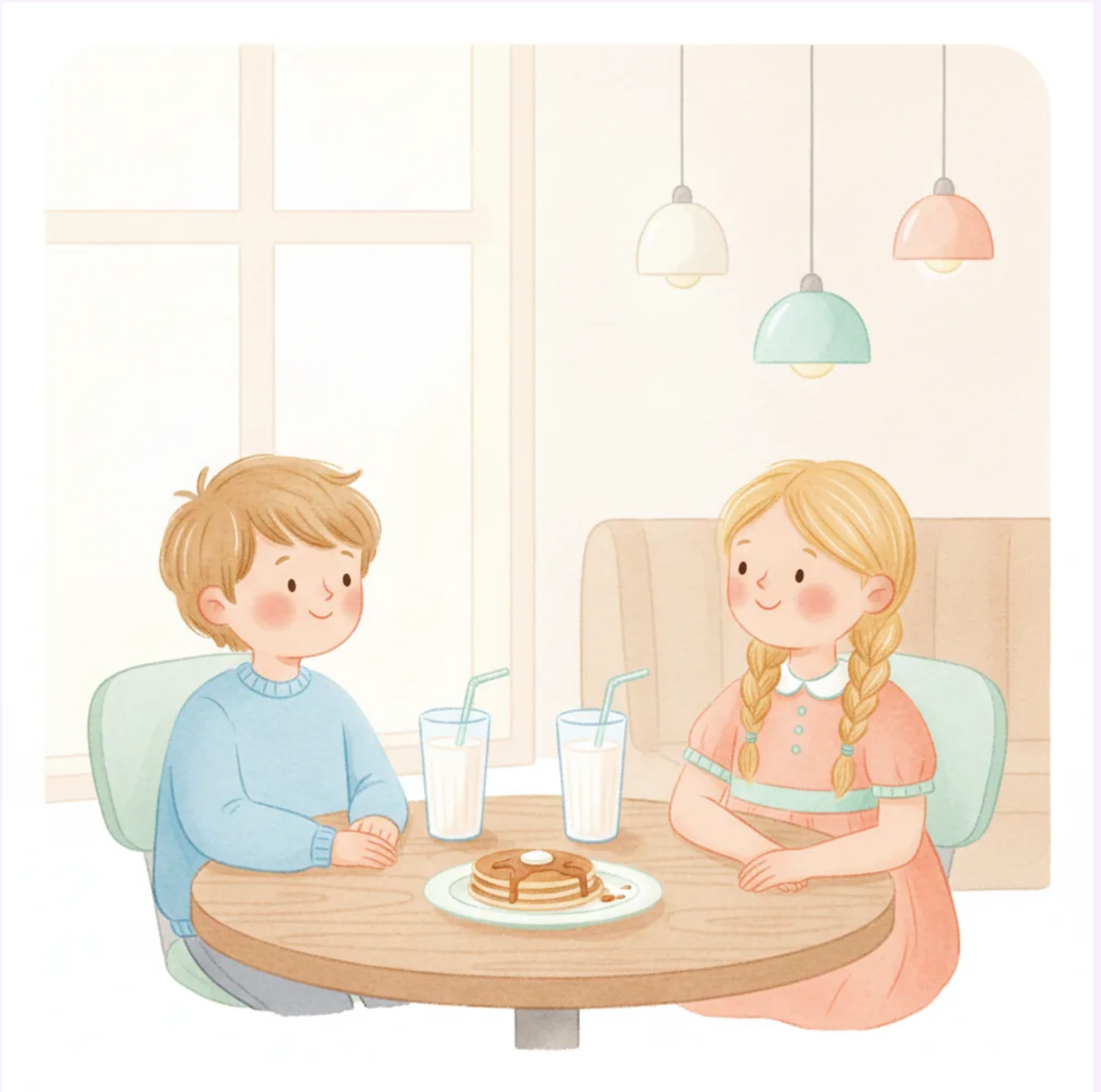
# Enjoying Our Meal at the Restaurant



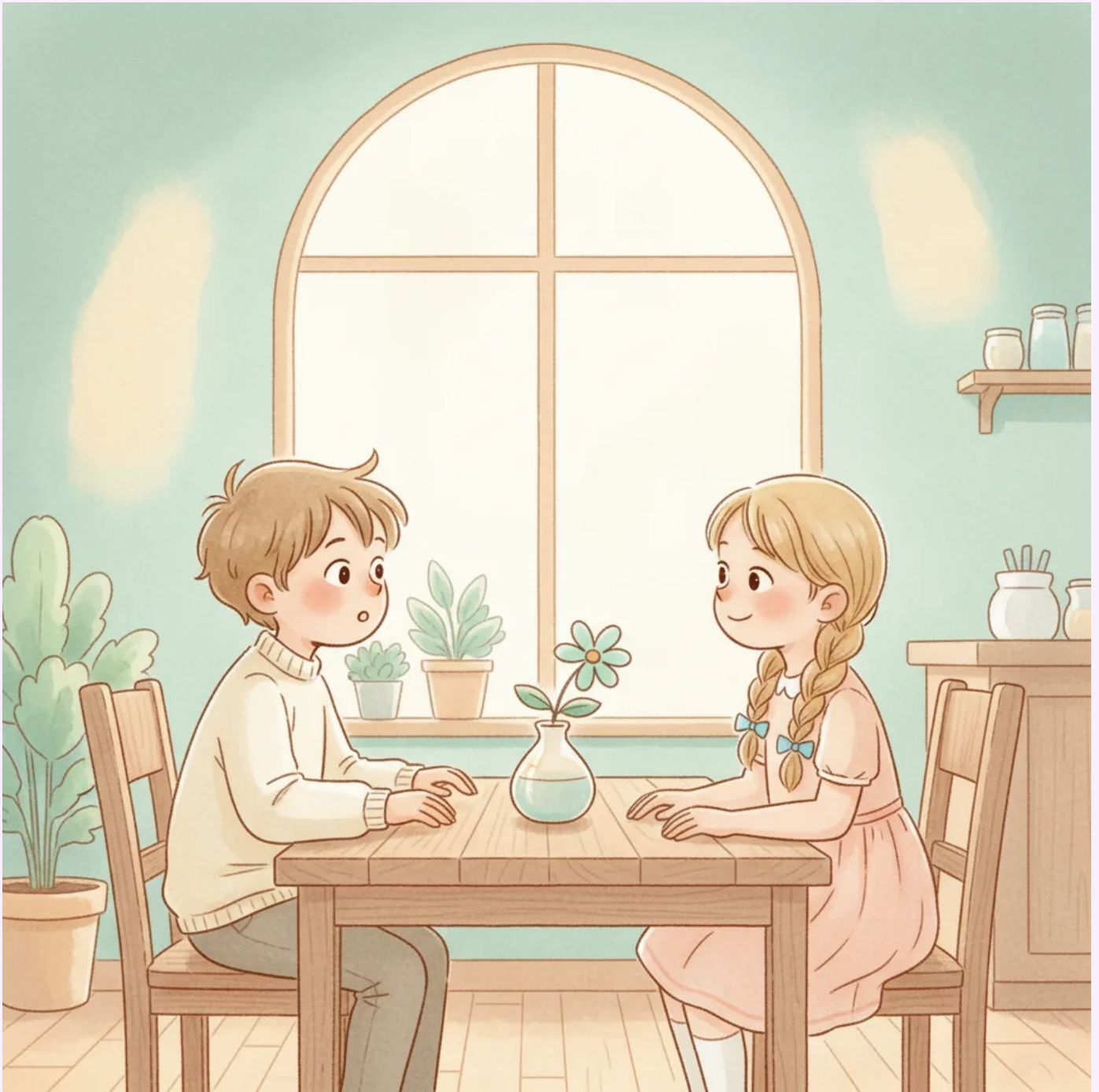
We are going to a restaurant today.



I feel excited but a little wiggly inside.



At the restaurant, we sit at a table.



I want to move around, but I try to sit.



Mommy says, "Let's look at the menu together."



I see pictures of food. I point to pizza.



Mommy smiles and says, "Good choice!"



While we wait, I feel like standing up.



I take a deep breath and stay in my chair.



The food comes, and it smells yummy.



I take a bite. It's hot and cheesy.



Daddy says, "You are doing great sitting!"



I feel proud and happy.



After eating, I ask, "Can I get up now?"



Mommy nods and says, "Yes, you can."



I had fun eating at the restaurant!

# Vocabulary

⇒ ■ Vocabulary:

## 1. Restaurant

- A place where people go to eat food

## 2. Excited

- Feeling very happy and eager

## 3. Menu

- A list that shows the food you can choose

## 4. Choice

- Picking something you want

## 5. Wait

- Staying in one place until something happens

## 6. Smells

- Using your nose to notice something

## 7. Proud

- Feeling good about what you did

## 8. Happy

- Feeling good inside and smiling

# Spellings

A: Restaurant

B: Resturant

A: Excited

B: Exited

A: Menu

B: Menue

A: Pizza

B: Piza

A: Choice

B: Choyce

A: Wait

B: Waite

A: Cheesy

B: Cheezy

A: Proud

B: Proude

# Comprehension Questions

**1. How did you feel about going to the restaurant?**

A: Excited and a little wiggly

B: Sad and sleepy

**2. What should you do when sitting at the table?**

A: Try to sit still

B: Run around

**3. What do you do with the menu?**

A: Throw it away

B: Look at it to choose food

**4. What did you choose to eat?**

A: Pizza

B: Ice cream

**5. What can you do if you feel like standing up while waiting for food?**

A: Take a deep breath and stay in your chair

B: Jump up and run around

**6. How did the food smell when it arrived?**

A: Yucky

B: Yummy

**7. What did Daddy say about your sitting?**

A: "You are doing great sitting!"

B: "You need to stand up."

**8. How did you feel after eating at the restaurant?**

A: Proud and happy

B: Angry and upset

# Open-Ended Questions

1. How do you feel when you go to a restaurant with your family?
2. What do you do when you feel wiggly and want to move around?
3. Why do you think it's important to sit at the table while waiting for your food?
4. How does it feel when someone tells you that you are doing a great job?
5. What is your favorite part about eating at a restaurant?