



Sparkling Smiles: Brushing Teeth Fun



I saw my toothbrush. It was blue and shiny. I felt excited to use it.



I put toothpaste on my brush. It smelled minty. I liked the smell.



I brushed my teeth. I moved my brush up and down. It felt tingly.



I brushed the top teeth. I brushed the bottom teeth. I did it slowly.



I brushed my tongue. It felt funny. I
laughed a little.



I rinsed my mouth with water. I spit it out. I felt clean.



I looked in the mirror. My teeth were sparkling. I felt proud.



I smiled big. Brushing my teeth is fun.
I like my shiny teeth.

Vocabulary

⇒ ■ Vocabulary:

1. **Toothbrush**

- A tool used to clean your teeth

2. **Toothpaste**

- A special paste that helps clean teeth and makes them smell nice

3. **Minty**

- A fresh smell or taste like mint

4. **Brush**

- To move a toothbrush back and forth on your teeth

5. **Tingly**

- A tickly feeling that makes you giggle

6. **Rinse**

- To wash out your mouth with water

7. **Sparkling**

- Shiny and bright, like stars

8. **Proud**

- Feeling happy about something you did well

Spellings

A: Toothbrush

B: Tothbrush

A: Excited

B: Exciited

A: Toothpaste

B: Toothpast

A: Minty

B: Mintee

A: Laugh

B: Laff

A: Mirror

B: Miror

A: Sparkling

B: Sparckling

A: Proud

B: Prowd

Comprehension Questions

1. What did the toothbrush look like?

A: It was red and old

B: It was blue and shiny

2. What did the toothpaste smell like?

A: Minty

B: Sour

3. How did the brushing feel when moving the brush up and down?

A: Tingly

B: Itchy

4. What did the child do after brushing their teeth?

A: Went to bed

B: Rinsed their mouth with water

5. How did the child feel after looking in the mirror?

A: Sad

B: Proud

6. What did the child think about brushing their teeth?

A: It's boring

B: It's fun

Open-Ended Questions

1. How do you feel when you see your toothbrush and know it's time to brush your teeth?
2. What do you like most about brushing your teeth, like the smell of the toothpaste or the way it feels?
3. Can you describe what it feels like when you're brushing your teeth and tongue?
4. Why do you think it's important to brush both the top and bottom teeth slowly?
5. How do you feel when you see your clean, sparkling teeth in the mirror?