



**A friend trips and falls
in the playground**

That was so funny!

THINK IT

or

SAY IT

1



**A classmate is sad
because they lost their
favorite toy**

*I'm sorry you lost your toy.
Would you like to play with one of mine?*

THINK IT

or

SAY IT

2



A classmate struggles to finish a race during PE class

You're so slow!

THINK IT

or

SAY IT

3



A friend doesn't know how to tie their shoes

Would you like me to show you how to tie your shoes?

THINK IT

or

SAY IT

4



A new student speaks with an accent that is different from everyone else

You talk funny!

THINK IT

or

SAY IT

5



A peer is feeling left out during playtime

Come and play with us, we'd love to have you join our game!

THINK IT

or

SAY IT

6



A friend colors outside the lines in their coloring book

You don't color very well

THINK IT

or

SAY IT

7



Your sibling is scared during a thunderstorm

It's okay, I'm here with you. We can read a book together until the storm passes

THINK IT

or

SAY IT

8



A classmate brings a simple sandwich for lunch while others have elaborate meals

Is that all you're eating for lunch?

THINK IT

or

SAY IT

9



A classmate cries after falling down

Are you okay? Can I help you get up?

THINK IT

or

SAY IT

10



A friend's drawing
doesn't resemble what
it's supposed to be

That doesn't look like a dog at all!

THINK IT

or

SAY IT

11



A friend is nervous about
presenting in front of the
class

*You're going to do great! I'll be right here
watching and cheering for you*

THINK IT

or

SAY IT

12



You notice a friend is always picked last for team games

No one ever wants you on their team

THINK IT

or

SAY IT

13



Your friend shares their lunch with you

*Thank you for sharing your lunch with me,
that was very kind*

THINK IT

or

SAY IT

14



A classmate cries after getting a low score on a test

It's just a test, why cry about it?

THINK IT

or

SAY IT

15



You notice a classmate struggling to carry their backpack

Your backpack looks heavy. Do you want help carrying it to the bus?

THINK IT

or

SAY IT

16



You find a friend's lost toy and think it's silly they still play with it

I can't believe you still play with this baby toy!

THINK IT

or

SAY IT

17



A sibling is upset after losing a game

*It's just a game, and you played really well.
Let's play another round!*

THINK IT

or

SAY IT

18



Your sibling gets a lower grade than you and feels bad

I always do better than you

THINK IT

or

SAY IT

19



A friend tells you they are moving to a new school

I'm going to miss you, but we can write letters and visit!

THINK IT

or

SAY IT

20

1. **THINK IT** "Seeing someone fall might make you want to laugh, but it could hurt their feelings or make them feel embarrassed. It's kinder to ask if they're okay and help them up."
2. **SAY IT** "It's kind to offer comfort and share your things when someone is sad. This can help them feel a little better."
3. **THINK IT** "Everyone has different strengths and struggles. Instead of pointing out how slow they are, cheer them on to help them keep going!"
4. **SAY IT** "Offering to help someone learn something new is a wonderful way to be kind and helpful."
5. **THINK IT** "People can sound different, which makes them unique. Instead of making them feel awkward, you can listen carefully and be friendly."
6. **SAY IT** "Inviting others to join in can make them feel included and happy. Always look for ways to be inclusive."
7. **THINK IT** "Coloring differently doesn't mean it's wrong. Everyone has their own style, which makes their artwork special. You can compliment the colors they chose instead."
8. **SAY IT** "Being there for someone who is scared can help them feel safer. Sharing a calm activity might distract and comfort them."
9. **THINK IT** "What someone eats doesn't need a comment. Everyone has different tastes and choices. You can ask if they enjoy their sandwich or share your favorite lunch ideas."
10. **SAY IT** "Asking if someone is okay and offering help shows you care about them and their feelings."

11. **THINK IT** "It's important to be supportive of your friend's efforts. You can say something nice about the colors or the parts you like instead."
12. **SAY IT** "Encouraging your friends can boost their confidence. Your support can make a big difference to them."
13. **THINK IT** "Being picked last can feel upsetting. Instead of making it harder for them, you can be the one to choose them first next time!"
14. **SAY IT** "Saying thank you when someone shares shows you appreciate their kindness. It also makes them feel good about sharing."
15. **THINK IT** "Seeing someone upset about a test shows it's important to them. Offering comfort or helping them study next time would be very kind."
16. **SAY IT** "Offering to help someone with a heavy load shows empathy and willingness to help out."
17. **THINK IT** "Toys can have special meaning, no matter how simple they look. It's nice to just return the toy and see your friend happy."
18. **SAY IT** "Reminding someone about the fun part of playing and offering to continue shows you care about their feelings, not just winning."
19. **THINK IT** "Comparing grades can make someone feel worse. It's more helpful to offer to study together or share what you know."
20. **SAY IT** "Expressing how you feel about a friend moving shows you care about them. Planning ways to stay in touch can help ease the sadness."