



You think it's funny
when a friend trips
and falls

Ha! That was so funny!

THINK IT

or

SAY IT

1



You are really happy
because you got a star
on your artwork

I'm so happy I got a star on my picture!

THINK IT

or

SAY IT

2



A classmate is crying because they miss their mom

Why are you crying? It's just school

THINK IT

or

SAY IT

3



You feel sad because you miss your parent during school time

I miss my mom/dad and feel a little sad right now

THINK IT

or

SAY IT

4



You don't like the snack
your friend offers you

Yuck, I don't like this snack at all!

THINK IT

or

SAY IT

5



You are excited about
the school trip next
week

I'm so excited about our school trip!

THINK IT

or

SAY IT

6



Your friend can't read
as well as you

You can't read anything right!

THINK IT

or

SAY IT

7



You are grateful for the
lunch your friend shared
with you

Thank you for sharing your lunch with me, I really liked it!

THINK IT

or

SAY IT

8



You're upset because you didn't get a turn on the swing

It's not fair! You always get to swing!

THINK IT

or

SAY IT

9



You feel proud of your friend for winning a prize

I'm so proud of you for winning the prize!

THINK IT

or

SAY IT

10



Your friend's drawing doesn't look like anything recognizable

What is that supposed to be? It doesn't look like anything!

THINK IT

or

SAY IT

11



You are scared during a thunderstorm at school

It's okay to feel scared. Asking to sit with someone can help you feel safer

THINK IT

or

SAY IT

12



A friend wins a game
and you feel jealous

You just won because I let you!

THINK IT

or

SAY IT

13



You feel thankful for your
teacher's help with a
hard puzzle

Thank you for helping me with the puzzle, I learned a lot!

THINK IT

or

SAY IT

14



Your friend is slower at cleaning up than you

You're so slow at cleaning up!

THINK IT

or

SAY IT

15



You are disappointed because the park trip was canceled

I'm sad that we can't go to the park today

THINK IT

or

SAY IT

16



You feel scared during a movie that all your friends like

This movie is too scary! I don't like it!

THINK IT

or

SAY IT

17



You feel hurt when a classmate doesn't wait for you during playtime

*I felt left out when you didn't wait for me.
Can we play together next time?*

THINK IT

or

SAY IT

18



A friend tells you they're going to have a new baby sibling, but you think babies are annoying

Babies are so annoying!

THINK IT

or

SAY IT

19



You feel loved when your sibling shares their favorite toy with you

I feel really happy and loved when you share your toys with me

THINK IT

or

SAY IT

20

1. **THINK IT** "Seeing someone trip might seem funny, but laughing can hurt their feelings. It's better to keep that laugh to yourself and ask if they're okay instead."
2. **SAY IT** "It's great to share your happiness with others! Let's tell your friends how happy you are and maybe show them your artwork."
3. **THINK IT** "It's okay for your friend to feel sad. Instead of asking why they are crying, you might offer a hug or tell a teacher if they need more comfort."
4. **SAY IT** "It's okay to miss someone and feel sad. Let's tell the teacher or a friend how you feel so they can help you feel better."
5. **THINK IT** "Even if you don't like the snack, it's kind to say 'no thank you' without making a face or saying something hurtful."
6. **SAY IT** "Sharing your excitement can make others feel happy too! Let's talk about what you're looking forward to on the trip."
7. **THINK IT** "Everyone learns at their own pace. Instead of pointing out what they can't do, maybe you could help them or find a book you both enjoy."
8. **SAY IT** "Saying thank you shows you appreciate what someone has done for you. It makes them feel good too!"
9. **THINK IT** "Feeling upset is okay, but shouting isn't nice. You can think about how to ask politely for a turn next time."
10. **SAY IT** "Let's celebrate our friends' successes. Telling them you're proud can make your friendship stronger."

11. **THINK IT** "Art can be different for everyone. It's nice to ask about their drawing and maybe find something you like about it."
12. **SAY IT** "It's okay to feel scared. Asking to sit with someone can help you feel safer."
13. **THINK IT** "It's normal to feel jealous, but saying that can make your friend feel bad. You can think about how to say, 'Congrats! Let's play again!'"
14. **SAY IT** "Always say thank you when someone helps you. It shows you value their support."
15. **THINK IT** "Everyone works at their own speed. Maybe you can offer to help your friend so you can finish together faster."
16. **SAY IT** "It's normal to feel disappointed when plans change. Sharing how you feel can help you deal with disappointment."
17. **THINK IT** "It's okay to feel scared. You can quietly tell your teacher or a parent instead of shouting it out."
18. **SAY IT** "Telling your friend how their actions made you feel helps them understand and be more considerate next time."
19. **THINK IT** "It's exciting for your friend, so it's kind to keep negative thoughts to yourself. You might say, 'That's exciting! What do you hope it's a boy or a girl?'"
20. **SAY IT** "Expressing love and happiness strengthens our bonds with others. It's wonderful to tell people how much their actions mean to you."