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by WELLNESS HUB

What do you see when you look at the sky?



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Do you have a favorite flower or plant? What do you like about it?



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What animals have you seen outside? Which one is your favorite?



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Can you tell me about a time you went to the beach or a lake?



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What is your favorite type of weather?



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What do you like to do when it's sunny?



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What do you like to do when it's rainy?



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What do you like to do when it's snowy?

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**Which season do you like best –
spring, summer, fall, or
winter? Why?**



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**What clothes do you
wear in winter?**



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**What clothes do you
wear in summer?**



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**Do you like to go on picnics?
What do you take with you?**



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**What games do you
play outside?**



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**Have you ever gone camping?
What was it like?**



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**Do you like to go on hikes or
walks? Where do you go?**



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**Have you ever seen a
rainbow? What did it look like?**

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Can you tell me about a bug or animal you found outside?



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What's the biggest tree you've ever seen?



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Do you like to watch the stars or the moon at night?



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Have you ever planted a seed? What did you grow?



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Do you help with gardening at home? What do you do?



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Why do you think trees and plants are important?



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What can we do to take care of our planet?



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What does the grass feel like under your feet?

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