

**BASICS**  
by WELLNESS HUB



**Roti**

**BASICS**  
by WELLNESS HUB



**Chapati**

**BASICS**  
by WELLNESS HUB



**Dal**

**BASICS**  
by WELLNESS HUB



**Rice**

**BASICS**  
by WELLNESS HUB



**Curry**

**BASICS**  
by WELLNESS HUB



**Biryani**

**BASICS**  
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**Khichdi**

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**Sambar**



Rasam



Pulao



Curd Rice



Aloo Sabzi



**Idli**



**Dosa**



**Puri**



**Uttapam**



Upma



Paratha



Pesarattu



Vada



**Pakora**



**Bhel Puri**



**Pani Puri**



**Chaat**

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**Pav Bhaji**

**BASICS**  
by WELLNESS HUB



**Vada Pav**

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**Dhokla**

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**Samosa**



**Kachori**



**Noodles**



**Frankie**



**Mirchi Bajji**



**Gulab Jamun**



**Rasgulla**



**Jalebi**



**Kheer**

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**Laddu**

**BASICS**  
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**Barfi**

**BASICS**  
by WELLNESS HUB



**Halwa**

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**Peda**