

You see a funny picture  
someone posted in a  
group chat

*That looks silly! Why did you post that?*

**THINK IT**

or

**SAY IT**

1



You enjoy a friend's post  
about a fun day at the zoo

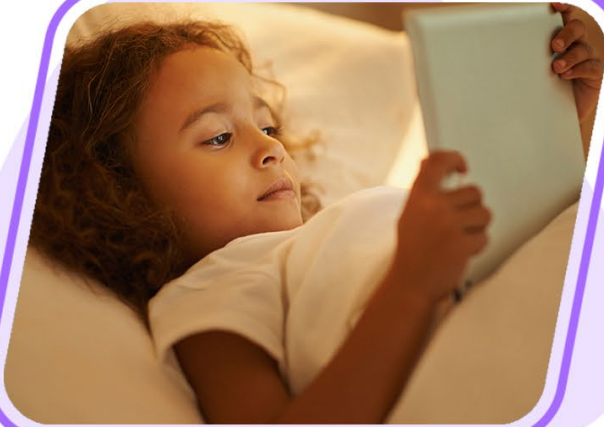
*I loved seeing your pictures from the zoo!  
It looks like you had fun!*

**THINK IT**

or

**SAY IT**

2



A classmate sends a message with lots of spelling mistakes

*You can't spell anything right!*

**THINK IT**

or

**SAY IT**

3



A classmate asks for help with homework in a group chat

*I can help you with your math homework.  
Let's solve it together!*

**THINK IT**

or

**SAY IT**

4



You receive a mean comment on a picture you posted

*That's a mean thing to say! I'm going to say something mean back!*

**THINK IT**

or

**SAY IT**

5



Your teacher posts a reminder about tomorrow's field trip

*Thank you for the reminder, I'm really excited about the trip!*

**THINK IT**

or

**SAY IT**

6



Someone shares a video that you don't like

*Someone shares a video that you don't like*

**THINK IT**

or

**SAY IT**

7



Someone shares a video about animals that you find very interesting

*That video about animals was super interesting!  
I learned a lot. Can we watch more like this?*

**THINK IT**

or

**SAY IT**

8



You get an invitation to a video call, but you don't want to join

*I don't want to talk to you because you're boring*

**THINK IT**

or

**SAY IT**

9



A friend from school shares a drawing they made

*Your drawing is so cool! I love how you used so many colors!*

**THINK IT**

or

**SAY IT**

10



A friend keeps sending you too many game requests

*Stop spamming me with all these annoying games!*

**THINK IT**

or

**SAY IT**

11



You receive a kind message from a family member

*Thank you for your sweet message! It made me happy*

**THINK IT**

or

**SAY IT**

12



Your sibling posts a picture of you that you don't like

*Delete that! I look ugly!*

**THINK IT**

or

**SAY IT**

13



You see a safety reminder posted by your school

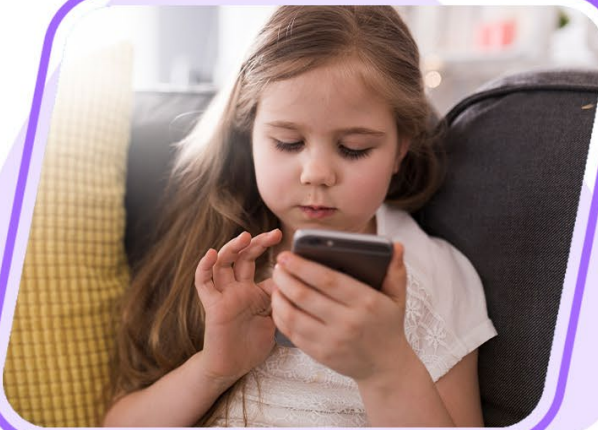
*Thanks for the reminder! I'll make sure to follow the safety rules*

**THINK IT**

or

**SAY IT**

14



You see someone online saying they got a higher score than you on a game

*You probably cheated! I don't believe you!*

**THINK IT**

or

**SAY IT**

15



Your online classmate asks if anyone is ready for the upcoming test

*I've been studying, but I'm a bit nervous.  
How is everyone else doing?*

**THINK IT**

or

**SAY IT**

16



A friend's online profile has no pictures or posts

*Your profile is so empty. Don't you have any friends?*

**THINK IT**

or

**SAY IT**

17



A friend misunderstands your previous message and feels upset

*I'm sorry for the confusion, I didn't mean to upset you. Let me explain better*

**THINK IT**

or

**SAY IT**

18



You find a lost tablet at school and know whose it is

*I should keep this. They won't miss it*

**THINK IT**

or

**SAY IT**

19



A classmate shares news about winning a local art contest

*Congratulations on winning the art contest!  
Your painting was awesome!*

**THINK IT**

or

**SAY IT**

20

1. **THINK IT** "Even if something seems funny to you, it might be special to someone else. It's kind to keep your thoughts to yourself if they might hurt someone's feelings."
2. **SAY IT** "Sharing positive feedback online can make others feel good about their posts. It's nice to let friends know you enjoy what they share."
3. **THINK IT** "Everyone makes mistakes, especially when learning. It's nice to focus on the message, not the mistakes."
4. **SAY IT** "Offering help online is a great way to use digital tools positively and build friendships."
5. **THINK IT** "It's important not to respond to unkindness with more unkindness. Tell a grown-up if something online makes you feel upset."
6. **SAY IT** "Responding to reminders shows you are attentive and also helps confirm that you've seen important messages."
7. **THINK IT** "Not everyone likes the same things, and that's okay. It's respectful to keep negative opinions to yourself or say something polite."
8. **SAY IT** "Expressing interest in educational content can encourage more sharing of useful and fun learning materials."
9. **THINK IT** "If you don't want to join a call, it's okay to say 'no thank you' without hurting someone's feelings."
10. **SAY IT** "Complimenting someone's work online can boost their confidence and encourage them to keep sharing their creativity."

11. **THINK IT** "If something bothers you, ask nicely for it to stop or tell a parent. Being polite even online is very important."
12. **SAY IT** "Responding to kind messages not only makes the sender feel appreciated but also strengthens your connection with them."
13. **THINK IT** "If you don't like a photo of yourself, it's okay to ask for it to be removed politely. Use kind words to explain why."
14. **SAY IT** "Acknowledging and appreciating safety reminders helps reinforce important behaviors and shows you are responsible."
15. **THINK IT** "It's good sportsmanship to congratulate others on their achievements, even if you're surprised by them."
16. **SAY IT** "Sharing feelings about common experiences like tests can help build support among peers and reduce anxiety."
17. **THINK IT** "Everyone uses digital spaces differently. It's nice to respect their choices without making assumptions."
18. **SAY IT** "Clarifying misunderstandings promptly and politely can prevent conflicts and maintain good relationships."
19. **THINK IT** "Finding something that isn't yours means you have a chance to do the right thing by returning it. That shows great integrity and kindness."
20. **SAY IT** "Celebrating others' achievements online shows good sportsmanship and can make everyone feel valued and happy."