



**Eating**



**Drinking**



**Sleeping**



**Crying**

**BASICS**  
by WELLNESS HUB



**Running**

**BASICS**  
by WELLNESS HUB



**Jumping**

**BASICS**  
by WELLNESS HUB



**Sitting**

**BASICS**  
by WELLNESS HUB



**Standing**



**Brushing**



**Bathing**



**Combing**



**Hugging**



**Playing**



**Reading**



**Singing**



**Dancing**



**Clapping**



**Smiling**



**Kissing**



**Cooking**



**Cleaning**



**Climbing**



**Crawling**



**Falling**



**Talking**



**Listening**



**Asking**



**Telling**



**Painting**



**Taking**



**Throwing**



**Catching**



**Helping**



**Sharing**



**Giving**



**Holding**



**Pushing**



**Pulling**



**Opening**



**Closing**



**Fighting**



**Shouting**



**Sneezing**



**Coughing**



Swimming



Skating



Skipping



Walking



**Searching**



**Thinking**



**Waiting**



**Resting**



**Driving**



**Flying**



**Moving**



**Growing**



Speaking



Stopping



Starting



Picking