



Feeling Happy: A Little Story



Today, I feel happy.



My face feels warm and smiley.



When I am happy, I smile big.



My eyes get bright and wide.



I like to laugh when I'm happy.



My laugh sounds like music.



I feel happy when I play with my toys.



My toys make me giggle and smile.



I feel happy when I see my friends.



We play games and share.



I can tell my friends, "I am happy!"



They smile back at me.



When I'm happy, I can jump and dance.



I feel light like a balloon.



Being happy makes my heart feel
warm.



I like feeling happy, and I can share it with everyone.

Vocabulary

⇒ ■ Vocabulary:

1. **Happy**

- Feeling good and joyful inside

2. **Smile**

- When your mouth curves up to show you feel good

3. **Laugh**

- Making a sound when something is funny or you feel happy

4. **Giggle**

- A small, light laugh

5. **Friends**

- People you like to play with and spend time with

6. **Toys**

- Things you play with, like dolls or cars

7. **Dance**

- Moving your body to music or when you feel joyful

8. **Share**

- Letting others use or play with something you have

Spellings

A: Happy

B: Hapy

A: Smile

B: Smil

A: Laugh

B: Laff

A: Friends

B: Frends

A: Toys

B: Tois

A: Warm

B: Werm

A: Music

B: Muzic

A: Balloon

B: Baloon

Comprehension Questions

1. What does your face do when you feel happy?

A: It feels warm and smiley

B: It feels cold and frowny

2. What happens to your eyes when you are happy?

A: They get bright and wide

B: They close tight

3. What does your laugh sound like when you are happy?

A: Like music

B: Like a loud noise

4. What makes you feel happy when you play?

A: My toys

B: Being alone

5. What can you do when you feel happy?

A: Jump and dance

B: Sit still and be quiet

6. What do your friends do when you tell them, "I am happy!"?

A: They smile back at me

B: They walk away

7. How does being happy make your heart feel?

A: Warm

B: Cold

8. Why is it nice to feel happy?

A: Because I can share it with everyone

B: Because it makes me feel sad

Open-Ended Questions

1. What are some things that make you feel happy?
2. How does your body feel when you are happy, like in the story?
3. Can you think of a time you shared your happiness with someone? What did you do?
4. Why do you think playing with friends can make you feel happy?
5. How do you like to show others you are happy, like smiling or dancing?