



Using Words to Share Our Feelings and Needs



Sometimes, I feel hungry.



My teacher hears me.



When I feel thirsty, I say, "I'm thirsty."



I say, "Thank you!"



Sometimes, I feel tired.



My mom gives me a hug.



If I need help, I say, "Can you help me?"



I feel happy when I use my words.

Vocabulary

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1. Hungry

- When you want to eat something

2. Thirsty

- When you need a drink of water

3. Tired

- When you feel like you need to rest or sleep

4. Help

- To give support or do something for someone

5. Thank You

- Words to show you are grateful

6. Happy

- Feeling good and smiling inside

7. Listen

- Paying attention to what someone says

8. Friend

- Someone you like and who likes you too

Spellings

A: Hungry

B: Hungrey

A: Thirsty

B: Thersty

A: Thank You

B: Thanc

A: Friend

B: Freind

A: Tired

B: Tyred

A: Help

B: Halp

A: Happy

B: Hapy

A: Listen

B: Lissten

Comprehension Questions

1. What should you do when you feel hungry?

A: Say, "I'm hungry."

B: Stay quiet

2. What happens when you tell someone you're thirsty?

A: They give you water

B: They walk away

3. What should you say after someone helps you?

A: "Thank you!"

B: "I don't care."

4. What can you say if you feel tired?

A: "I'm tired."

B: "I'm fine."

5. How do people respond when you use your words to share your feelings?

A: They listen and help you

B: They ignore you

6. What should you do if you need help with something?

A: Say, "Can you help me?"

B: Try to do it all by yourself

7. Why is it important to use words to share your feelings and needs?

A: It makes people happy to help you

B: It doesn't matter

Open-Ended Questions

1. How do you feel when you tell someone how you're feeling and they help you?
2. What are some words you can use when you need something, like a snack or a drink?
3. Why do you think it's important to use words to share how we feel?
4. How do you think your friend feels when you say "thank you" after they help you?
5. Can you think of a time when you told someone you needed help? What happened next?