



Understanding Our Personal Bubbles



Sometimes, I stand too close to my friends.



I learned about personal bubbles.



A personal bubble is the space around
us.

OUR SAFE SPACE



My teacher showed me how to keep a safe distance.



I look for clues like someone stepping back.



If they step back, I move back too.



**Sometimes, friends look
uncomfortable.**



I can ask, "Is this okay?"



My friend might say, "Please give me space."



I say, "Okay!" and take a step back.



When I give space, my friends feel happy.



We can play and talk comfortably.



In line, I stand an arm's length away.



This helps everyone feel safe.



I like knowing about personal bubbles.



It helps me be a great friend!

Vocabulary

⇒ ■ Vocabulary:

1. Personal Bubble

- The space around us that helps us feel comfortable

2. Distance

- How far apart we are from someone or something

3. Space

- The area around us that we need to feel safe

4. Clues

- Signs or hints that tell us something

5. Uncomfortable

- Not feeling good or at ease

6. Safe

- Feeling protected and free from harm

7. Step Back

- Moving away a little to give more space

8. Friend

- Someone you like and enjoy spending time with

Spellings

A: Close

B: Cloase

A: Personal

B: Persanal

A: Space

B: Spase

A: Distance

B: Distence

A: Clues

B: Cluws

A: Uncomfortable

B: Uncomftorble

A: Happy

B: Hapy

A: Friend

B: Freind

Comprehension Questions

■ Topic: Understanding Our Personal Bubbles

Comprehension Questions (Choose the Best Answer)

1. What is a personal bubble?

A: A toy you play with

B: The space around us

2. What should you do if someone steps back when you're close?

A: Move closer

B: Move back too

3. How can you tell if someone looks uncomfortable?

A: They smile a lot

B: They step back or look upset

4. What can you say if you're not sure if you're too close?

A: "Is this okay?"

B: "I don't care!"

5. Why is it important to give people space?

A: It makes everyone feel safe and happy

B: It makes people feel sad

6. How far should you stand from someone when in line?

A: Right next to them

B: An arm's length away

7. What happens when you respect personal bubbles?

A: Friends feel happy and comfortable

B: Friends get upset and walk away

Open-Ended Questions

1. How do you feel when someone stands too close to you?
2. What can you do if you notice a friend looks uncomfortable when you're close?
3. Why is it important to ask if your friend is okay with the space between you?
4. How can you tell if you need to give someone more space?
5. How does it feel to play and talk when everyone has enough space?